



# HIGHLAND INSIDER

VOLUME 16, ISSUE 4

APRIL 2010

## LONE PEAK POLICE DEPARTMENT K9

You may be aware that there has been an influx of drug activity throughout the North Utah County area. This is the area which we call "Home". Unfortunately, our wonderful communities are not immune to this ever increasing problem. Studies have showed time and time again that along with drugs come the crimes of theft, burglary, domestic violence, robbery and other violent crimes.

On January 28, 2010 the Lone Peak Public Safety District voted in favor of creating the Police Departments first ever Canine Service. There are many advantages that a Canine can bring to a Police Department, one of which is the detection of drugs and narcotics.

The expense of starting a Canine Unit, (Purchase of the Canine, equipment, veterinary services, training & food) is costly

and is not covered in the current budget. There have been many citizens that have shown tremendous enthusiasm for a Canine service in our communities and have asked how you may contribute to such a program. As a result the Police Department has set up an account at the Bank of American Fork for those who would like to contribute monetarily. To do so you can visit any Bank of American Fork branch and make your donation to the "Lone Peak Public Safety District / K9" program.

Please allow us to thank you in advance for your support and enthusiasm. The Police Department is very excited about starting this program. In doing so we believe it will have a direct impact on the drugs that enter our communities and help curtail further crime.

## PAYING YOUR UTILITY BILL MADE SIMPLE

Highland City has 2 EASY options for paying your monthly city bill without having to write a check, find cash or make a trip to city hall.

Option # 1 Pay online: Highland City has teamed up with Xpress Bill Pay since 2007. You may use this service to pay your bill online by credit card, debit card, or electronic funds transfer. You can also set this up to where your city bill comes via e-mail instead of receiving a paper statement in the mail each month. Xpress Bill Pay also has an auto pay option, where each month your bill will be automatically paid electronically on the date that you specify.

Option # 2 Direct Pay: An electronic file is created by Highland City which electronically

deposits funds into Highland City's account on your behalf from your financial institution. All we need from you is authorization. Each month you will continue to receive your statement and then on the 20th of each month, or as close as we can be due to weekends and holidays, your Highland City utility account will be credited with a payment direct from your financial institution.

Please remember when you move you will need to change your bank bill pay or auto pay information. If you fail to do so, payments may come in and credit closed accounts or to wrong account numbers.

For more information see the Utility page at [www.hIGHLANDCITY.ORG](http://www.hIGHLANDCITY.ORG)

CITY MEETING SCHEDULE  
TUESDAYS 7:00 PM

CITY COUNCIL  
APRIL 6 & 20

PLANNING COMMISSION  
APRIL 13 & 27

### Door-to-door solicitors must have a City permit

If a solicitor comes to your door, ask to see their City-issued permit. The permit has a picture of the solicitor and should be worn in visible sight. If they cannot produce the permit, please instruct them to go to the City office to obtain a permit and turn them away. If you have a "No Soliciting" sign posted, you may also immediately contact the Lone Peak Police, (801) 756-9800.

### CENSUS 2010

National Census Day is April 1, 2010, which is the date that U.S. residents are encouraged to mail their completed census forms. Be counted so our community gets the services it needs. For further information visit [www.2010census.gov](http://www.2010census.gov)

A PUBLIC HEARING WILL BE HELD BY THE CITY COUNCIL ON TUESDAY, APRIL 20, 2010 AT 7:00 P.M. TO OBTAIN COMMENTS ON SURPLUSING TWO PROPERTIES FOR THE 4800 WEST RECONSTRUCTION PROJECT. FOR ADDITIONAL INFORMATION PLEASE CONTACT THE CITY RECORDER AT 801-772-4506 OR [GINA@HIGHLANDCITY.ORG](mailto:GINA@HIGHLANDCITY.ORG)

## PRESSURIZED IRRIGATION

The pressurized irrigation system will be back on and ready for use the week of **April 15**.

Please be patient while the City brings up the system. It usually takes a week to ten days to bring online. Make sure your stop and waste valves are shut off while the system is being loaded. Individual sprinkling systems can then be loaded by residents.

## YARD WASTE

Timpanogos Special Service District accepts yard waste to assist in the producing of compost. Mulch can also be purchased from TSSD. Please call (801) 756-5231 for more information.

## LANDFILL PASS

One complimentary landfill pass is included with this utility bill. Your pass is good until March 2011. Do not discard the pass as there are no replacements. Dumping is to be done by pick-up trucks only, up to 500 lbs., and loads must be covered. The North Utah County District Landfill is located at 2000 West 200 South in Lindon, (801) 225-8170.

## HOUSEHOLD HAZARDOUS WASTE COLLECTION DAY

Saturday, April 10, 2010 at UVU Orem Campus Northwest Parking Area (1200 W 800 S, Orem) 9:00 a.m. - 3:00 p.m. For a complete list of what you can and can not bring please visit [www.utahcountyhealth.org/hhw](http://www.utahcountyhealth.org/hhw) or call the Utah County Health Department at (801) 851-7525.

## Highland Junior Miss

Our current *Highland Junior Miss Representatives*, McCall Modersitzki, Jessica Taylor, and Lauren Jones, did our city proud while competing at the *Utah Junior Miss Scholarship Program* in March. The girls were judged in five different categories, Scholastic, Fitness, Talent, Interview and Self-Expression. Each of our girls showed amazing poise, grace, and skill. After placing as a runner-up in 4 of the 5 categories mentioned, along with winning one of the Be Your Best Self awards, Lauren Jones was then chosen as the First Runner-Up for the *Utah Junior Miss*! These girl's accomplishments are proof of the all-around caliber of the young ladies this city holds. Congratulations you three on an amazing job!

If you have a daughter that will be a graduating senior in 2011, go to [www.ajm.org](http://www.ajm.org) to learn more about the program and scholarships available for participants. This year's *Highland Junior Miss Scholarship Program* will be held Thursday August 5, 2010 in the LPHS Auditorium.

## CLEAN OUT YOUR MEDICINE CABINET

### Help Prevent Prescription Drug Abuse



**70%**

of teens who abuse pain pills get them from a friend or relative - often for free  
(source: SAMHSA)

### What to Bring to the Event



#### DO BRING

Unused or expired prescriptions and over-the-counter medications



#### DO-IN YOUR HOME

Lock up all medications and keep away from children and teens

### Free Gift for Participants

For info on home and permanent Rx disposal locations see back of flier or [cleanoutthecabinet.org](http://cleanoutthecabinet.org)  
801-851-7181



Properly use, storage, and dispose of pills to prevent abuse!

### Old Prescription Drop-off Locations

#### Take Back Event Information

**HOURS: 10am to 2pm**

#### Saturday, April 10th

- Orem Utah Valley University, North west Parking area, 1200 W 800 S
- Provo Walgreens, 1315 N State St

#### Saturday, April 17th

- Orem Walgreens, 850 S State St
- Orem Walgreens, 763 N State St
- Pleasant Grove Walgreens, 815 W State Rd
- Lehi Walgreens, 102 N 1200 E
- Saratoga Springs Walgreens, 1410 N Redwood RD

#### Saturday, April 24th

- Springville Walgreens, 420 S Main
- Payson Walgreens, 132 N Main
- Lindon City Walmart, 585 North State Street

Brought to you by local law enforcement and the following organizations



Prevent teen prescription abuse by

- (1) setting clear rules for teen's not sharing medicine and always following medical provider's advice and (2) properly storing and disposing of pills using the MED method

### MED method

**M**ix medications with something gross

- Take pills out of original containers and place in resealable bag
- Crush pills
- Mix pills with cat litter, dirt, used cooking oil, coffee grounds, etc. and toss the substance in your outdoor trash.

**E**xtra pills need to be locked up to control access

**D**rop meds off at one of these permanent locations for free:

### Permanent Medication Disposal Sites

Mapleton Police Department  
125 West Community Center Way

Provo Police Department  
48 South 300 South

Orem Department of Public Safety  
95 East Center Street

Spanish Fork Police Dept.  
789 West Center Spanish Fork

Santaquin/Genola Public Safety Building  
275 West Main

Utah County Jail  
3075 N. Main Spanish Fork

Salem City Offices  
30 West 100 South Salem

Utah County Sheriff's Office  
Evidence Building 5  
North Main Street Spanish Fork, UT

Eagle Mtn. Sheriff's Office  
1680 E. Heritage Dr. Eagle Mountain

## **Easter Egg Hunt & Cookie Decorating!**

Mark your calendars on April 3rd for the annual Children's Easter Egg Hunt & Cookie Decorating! Come join the Youth City Council and the Arts Council at **8:30 AM at Heritage Park**. It's going to be so much fun! Come prepared for the weather and bring your Easter Baskets.



We are so excited to see everybody there!

## **Youth Fishing Classes**

This program will focus on educating youth about fishing and aquatic resources. This program is open to youth ages 6 through 13 years old. Scouts may register for this class to earn their fishing merit badge or sports pin. Parent involvement is encouraged. Program will be held Tuesdays and Thursdays, May 4<sup>th</sup> - May 20<sup>th</sup>, from 5:30 p.m. - 7:30 p.m. at Highland Glen Park. Cost: \$25 (includes a t-shirt, instruction manual, bait, tackle, and Fish Fry on last day). Registration: Begins April 1<sup>st</sup> at 9:00 a.m. Please visit the Events & Education page at [www.highlandcity.org](http://www.highlandcity.org) for details and to register.

## **Arbor Day Activities & Annual Tree Sale**

**April 12: Arbor Day Story Writing Contest** entries due. 4th grade students in Highland are participating in our annual contest through their schools. Stories need to be turned in to their teachers.

**April 29: Tree Care & Planting Class:** 7:00 p.m. at City Hall. Come learn about the different types of trees that grow well & Highland and most importantly how to properly plant your tree.

**May 1: Arbor Day Tree Planting Projects:** Project #1 is at the Lone Peak Soccer Fields (4800 W/Knight Ave). Project #2 is the 11800 North Project (between 6000 W & 6300 W) We need several volunteers to help plant trees! Please bring gloves, shovels, and rakes. Planting starts at 8:00 a.m. and should be completed by noon.

**May 1&8: Arbor Day Tree Sale:** The annual Tree Sale will be held from 8:00 a.m. - 2:00 p.m. in front of the Highland Water Building on 11000 North (next to Wendy's). May 1<sup>st</sup> is for Highland Residents only. You will need to bring proof of residency with you (ID, Utility Bill, etc). We will only accept checks and cash. All trees are sold As Is, with a maximum of 8 trees per residents. We will not hold trees or take special orders. A list of trees for sale and their prices will be provided on-line at least one week before the Tree Sale on the Tree Commission page at [www.highlandcity.org](http://www.highlandcity.org).

For more information about all these activities please contact [emily@highlandcity.org](mailto:emily@highlandcity.org) or call Emily at (801) 772-4523

## **CITY RECREATION**

American Fork Recreation is dedicated to providing a fun environment for all our participants, youth or adult. We are now taking registrations for some exciting programs beginning this Spring.

- Baseball & Softball
- Youth Fishing with Highland City
- Lacrosse
- Men's Softball
- Adult Coed Softball
- Golf Lessons
- Skate Camps @ Greenwood Skate Park

We hope you will take advantage of these opportunities to get out and play and have FUN! Visit us online at [www.afcity.org](http://www.afcity.org) > recreation or call (801) 763-3080 ext. 2 for more information. \*Highland City is contracted with American Fork Recreation to provide all of your recreation needs. As a resident of Highland you pay "resident" rates for recreation activities.

## **BURN PERMITS**

The one month window set by Utah County this year for the burn period is **March 15 -April 12**. Unless you have an agricultural burn permit this will be the only time you can burn.

You may get a FREE Burn Permit from the Highland City Hall, Monday through Thursday, 7:30 a.m. to 6:00 p.m. If you have any questions about burn permits please contact Emily at Highland City (801) 772-4523 or the Fire Department at (801) 763-5365.

## **National Day of Service**

The Alpine Boy Scout District has organized a clean up project at Highland Glen Park on Saturday, April 17th starting at 9:00 a.m. Scouts and community members are invited to help. Please bring gloves, shovels, rakes, trash bags, tree clippers, etc. Wear appropriate clothing for the weather and bring plenty of drinking water. We hope all the scouts in Highland can participate in this fun event that will benefit our community. For more information about this project, please contact Tony Gibson, Alpine District Activity Chairman at (801) 319-4162 or email him at [tony3493@gmail.com](mailto:tony3493@gmail.com).

**WWW.HIGHLANDCITY.ORG****HIGHLAND CITY**

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Office Hours: Monday - Thursday,  
 7:30 a.m. - 6:00 p.m., closed Friday

Please submit newsletter articles via email no  
 later than the 15th of the month to  
 emily@highlandcity.org

### **Savvy Shopper Couponing Classes**

Thursday, April 22: 7:00 p.m. Couponing 101; 8:00 p.m. Better your couponing skills: Savvy Shopping 201. These FREE classes will be held monthly at City Hall.

We hope you can join us!

Call Savvy Trainer - Katie (801) 367-4604 for more information.



We have so many great events going on now!

- ~House of Order Organization Series: starts April 23, cost \$34.95.
- ~Youth Musical Theater Workshop, "Once On This Island": starts April 21, cost \$125.
- ~Children's Art Workshop, "Exploring Art Making With Ink & Paint": starts April 10, cost \$80.
- ~Girls Summer Sewing Camp: starts in June, cost \$75.
- ~Auditions for our Community Musical, "Music Man" will be held May 12 & 13 at the AF Rec. Center.
- ~Highland Children's Choir Spring Concert, May 14 in Provo.
- ~Introducing the new Highland Dance Program beginning this summer! Keep your eye on the city website for more details.

For more information and to register please go to the Art Council page at [www.highlandcity.org](http://www.highlandcity.org)

### **Highland City Boy Scout Merit Badge Classes**

April: Personal Management & Safety. May: Fishing. Please visit the Events & Education page at [www.highlandcity.org](http://www.highlandcity.org) for details.

**North Utah County Soccer** Challenger registration is going on now at [www.nucsonline.com](http://www.nucsonline.com), deadline is June 1 (cost: \$70) NUCS also provides AA Competition Soccer.

# **Library News**

**National Library Week will be celebrated April 11-17<sup>th</sup>.** Please join us for these events:

~**Storytimes** will be held Tuesday and Wednesday at 10:30 am and 1:00 pm with a special library and reading theme. We will be premiering our new puppet theater, constructed by Evan Hilton as part of his Eagle Scout project for the library.

~**Highland City Elementary Story-telling Troupe** will join us Tuesday April 13<sup>th</sup> for a musical rendition of Little Red Riding Hood. They will perform individual and group stories on Thursday April 15<sup>th</sup>. Both events start at 4:00 pm in the multipurpose room.

~Ranger Cami Pulham, author of **Heart of the Mountain**: The History of

Timpanogos Cave National Monument will speak on Saturday, April 17<sup>th</sup> at 1:00 pm and again at 2:00 pm.

~Belinda Jensen will speak about **Square Foot Gardening** at 7:00 pm on Wednesday April 14<sup>th</sup>.

~**New bookmarks** will be available during the week

~A **new library card** will be released during the week. The new design features blown glass artist Tom Holdman's rendering of his beautiful artwork hanging in the library.

~**Used and donated books** will be on permanent sale beginning during National Library Week.

~**Friends of the Library Book bags** will be sold at a reduced price.

~Watch the **library's web site** (<http://highlandcitylibrary.org>) for schedule changes and additions to our activities.

#### **YAC meeting schedule**

Wednesday, April 7th (*may be cancelled due to Spring Break!*) and April 21st. Meetings are at 5:00 p.m. in the multipurpose room. Next activity: Book Scavenger Hunt on Friday, May 7th, 5-6:15 p.m. at the Library.

#### **Teen Bookclub**

Wednesday, April 14 at 4:30 p.m. in the multipurpose room. *Waiting for Normal* by Leslie Connor. We have open spots in the bookclub. Sign up today!



April 6<sup>th</sup> & 7<sup>th</sup> - Easter Bunny's hoppin' on his way

April 13<sup>th</sup> & 14<sup>th</sup> - The Magical World of Books

April 20<sup>th</sup> & 21<sup>st</sup> - Hop to it, Froggie!

April 27<sup>th</sup> & 28<sup>th</sup> - In the leafy Treetops