

# The Highland Insider

THE INSIDER IS DEDICATED TO INFORMING THE CITIZENS

April, 2004

## It's Time for Spring Clean-Up

### Open Burn Period April 16 to May 16

By Craig Carlisle, Fire Chief

It looks like it's that time of the year again. I have already had many calls asking "Can I burn?" The one month window this year is **April 16 to May 16**, and I might add this burn time is set by Utah County. Note the following stipulations in order to burn:

1. Open burning is subject to Utah State laws.
2. You absolutely need to get a permit from the **Highland City Offices Monday through Thursday, 7:30 a.m. to 6:00 p.m., and Fridays 8:00 a.m. to 4:30 p.m.** The permits are free, but you need a permit to burn, to sign, and pick up one before burning.
3. The atmospheric conditions have to be satisfactory.
4. Burning is done at a distance, or more than 50 feet from any building, structure, or other combustible materials.
5. An adequate water supply, or other extinguishing equipment, shall be available.
6. Burning shall be constantly attended by a competent person.
7. Applicant must be in legal control of the land on which the burning is to take place.
8. Adjacent neighbors should be notified prior to burning.
9. Such burning shall not pose a threat to forest, range, or watershed lands.

10. Each time the permit is used the applicant must notify Central Dispatch by calling **374-BURN (2876)**.
11. Applicant can only burn pruning from trees, bushes, plants, weeds, and leaves.
12. No one can burn tree stumps, trash, garbage, or other waste. Do not burn construction materials (wood, shingles, plastics, plywood, etc.). You cannot burn sheds, barns, or anything of that nature.

Burn permits will be available two days prior to the first day of the burn period. Please pick those up at City Office, **not the Fire Department**.

### Two Free Passes to the Landfill for Residents Only

Two passes to the Landfill, worth up to \$7.25 per load of garbage, are being distributed through the utility bills. The \$7.25 will only cover up to 500 lbs of garbage, and anything over that amount will be charged accordingly. Residents must present the coupon at the Landfill, or the City will not pay the \$7.25 amount. The **passes will be good from April 1 to November 30**. Dumping is to be done by pick-up trucks only, and loads must be covered. No commercial or building debris will be allowed. The North Utah County District Landfill is located at 2000 West 200 South, Lindon, Utah, and the telephone is 225-8170.

Residents may obtain wood chips at the Landfill based on the following: for

3 c.y. fine chips, \$30; for medium chips \$21, and for large chips \$12.

### Yard Waste

Highland residents may take their green yard waste to the Timpanogos Special Service District, 5050 West 6400 North, Utah County (off the new Pleasant Grove exit) (no dirt, rocks, concrete, garbage). The green waste is incorporated with sterilized by-products to produce compost. Mulch can be purchased from the TSSD for \$15/c.y. Call 756-5231 for directions to the facility. The compost facility is open six days per week beginning April 1, from 6:30 a.m. to 5:30 p.m.

### Pressurized Irrigation

The pressurized irrigation system will be back on line by April 15. Homeowners, in getting ready to start the system, make sure the stop and waste valves are shut off while the system is being loaded. Individual sprinkling systems can then be loaded by the residents themselves. Please be patient with the City as it brings up the system. It will probably take a week to ten days.

### Spring Clean-Up Donations Needed

Clothing, furniture, household items, in good condition, are always needed and can be donated to Multiple Sclerosis Society, 1-877-493-0120, Deseret Industries, 763-4560. Call at least one day in advance, or take contributions to Deseret Industries in

American Fork, Utah. National Kidney Foundation of Utah will tow away old cars free and provide a receipt for use as a tax deduction. Call 1-800-TOWKARS, or call (801) 226-5111 for more information. Recycle all metals at MCR Recycling, 550 North Geneva Road, 225-0001.

Look at your property and evaluate what could be cleaned up. Help those who need a helping hand. Many of us become blind to the trash that collects around our surroundings. Critique your home as though you were a buyer, discard trash and debris, clean and sweep curbs and gutters, edge sidewalks and driveways.

## Requirements for Fences, Walls, and Hedges

Spring is a great time to get out into the yard and to do plantings and install fences. Please be aware of city ordinances which pertain to proper setbacks.

Obtain a permit before installing a fence and pay the \$20 fee. Applicants must submit a sketch showing the lot, location of the fence on the lot, proposed heights of the fence, location of driveways on the lot and adjacent properties. Please contact the City Office if you are not aware of the proper setbacks.

## Irrigation Ditches

All Highland residents should instruct and supervise their children with the idea in mind that the swift, cold water in the numerous open ditches in Highland can be extremely life-threatening. Please understand that the water in the ditches belongs to someone, that it must not be dammed up or taken unless you own a share and have a designated water turn. Keep garbage out of the ditches, and keep the

irrigation water off the paved streets as it deteriorates the surface.

## Adopt A Trail

Any individual, family, or service group who would like to "Adopt a Trail" for purposes of keeping a section of the trail system clean and free of debris may contact Councilmember Steve King at 763-0232.

## Utility Direct Pay Plan

By Nancy Day, City Treasurer

Highland City is in the process of setting up a direct pay plan for the City utility bills. With this option you may arrange to have your monthly utility bill automatically paid from your checking or savings account (via electronic funds transfer or EFT). There will be no checks, no stamps, no running into the office – it's automatic – free and easy. You will still receive a monthly statement. The City would like to know of citizens' interest in the Utility Direct Pay Plan. If you are interested in this option, please contact Nancy at the City Office at 756-5751.

## Katie Millar Awarded Third Runner-Up to Utah's Junior Miss 2004

Highland Jr. Miss, Katie Millar, received the preliminary fitness and interview awards, as well as third runner-up to Utah's Junior Miss at the recent program held at Juan Diego High School in Draper.

Korinne Pedersen and Melissa Elmer, representing Highland, also participated in the State Jr. Miss Program and did a great job.

Highland City's Junior Miss Committee was awarded a certificate for the "Best Program" and "Best Opening Number" for this past year's Jr. Miss Pageant. Congratulations!

## Jr. Miss Orientation Meeting

A Junior Miss Orientation meeting will be held at Lone Peak High School April 20, 2004, during the lunch hour, in the Little Theater. This is for high school juniors who are interested in participating in the Jr. Miss Program to be held September 18. Anyone interested in participating may call Kori Ogao at 768-4063.

## City Calendar

**City Council:** 1st & 3rd Tuesdays, 7:00 p.m.

**Planning Commission:** 2nd & 4th Tuesdays, 7:00 p.m.

**Justice Court:** Mondays, as directed by the Court

**Annual Easter Egg Hunt/Cookie Decorating:** April 3, 10:00 a.m., at Heritage Park, 10400 North Alpine Highway.

**Take Pride in Highland Day** will be held on May 8.

## SR-92 Environmental Assessment Study

Lehi City, in association with the Utah Department of Transportation (UDOT) and the Mountainland Association of Governments is beginning an environmental study to examine possible future widening of the corridor. The study area will cover approximately 6 miles of the SR-92 (11000 North) highway corridor from I-15 in Lehi to SR-74 (Alpine Highway) in Highland. Included within the study will be analysis of future traffic demands, possible corridor widening,

accessibility issues and safety related improvements.

An open house public information meeting describing project alternatives is planned to be held in April. For meeting locations and times, or additional information on the study, please refer to the following resources: [www.SR92EA.com](http://www.SR92EA.com)

## Arbor Day

By Trixie Walker, Tree Comm.

The Tree Commission has several activities planned for Arbor Day this year. We hope you will take the opportunity to be involved!

**ANNUAL TREE SALE - APRIL 23 and 24.** Our tree sale will be Friday from 10:00 noon to 7:00 p.m., and Saturday from 9:00 a.m. to 2:00 p.m. It will be held at the Highland City Cemetery. We will have master gardeners on hand to help you choose the right trees for your yard.

**TREE LANDSCAPING CLASSES - APRIL 22 and APRIL 29.** We have two free classes which will be taught at the Highland City Building. **Thursday, April 22, 7:00 - 8:00 p.m.** - "Selection, Planting, and Care of Trees" by Trixie Walker, master gardener. This class will prepare you to plant and is for information on the trees that you buy at our tree sale! Properly planted trees have twice the survival rate and live at least twice as long. **Thursday, April 29, 7:00 - 9:00 p.m.** - "Choosing Trees and Plants for Your Highland Yard" by Jay Roundy, landscape architect. Jay will cover design and plant selection for your specific site and needs. He will provide extensive handouts to class participants. If you come prepared with a drawing of your yard, you can receive personalized assistance.

**STORYWRITING CONTEST - DUE APRIL 16.** All Highland

children are invited to participate in the Annual Storywriting Contest. The theme this year is: "If A Tree Could Talk, What Would It Say?". Turn in your stories at Freedom or Highland schools, or the City Building.

**PLANTING PROJECTS - ARBOR DAY WEEKEND, SATURDAY, MAY 1.** We have TWO planting projects this year. Bring your family and shovels and experience the pride of making a difference in our beautiful city! Come to the **Alpine Highway, north of the Highland City entrance sign at 9:00 a.m. and 11000 North (Highland Highway), west of 5600 West, at 10:00 a.m.**

## Family Focus Days

**Family Focus Days will be held April 23 and 24, 6:15 - 9:30 p.m., at Timberline Middle School.** This event will include: Master of Ceremonies Lloyd Newell, announcer for Music and the Spoken Word; essay winners; Dr. James J. Jones will speak on April 23; and Rob Anderson, CEO of a Utah company will be the Arbinger Institute facilitator on April 24. For more information contact [khastings@alpinecity.org](mailto:khastings@alpinecity.org) or 763-9001.

## Free Hepatitis "A" Immunization Day

As a result of several large outbreaks of Hepatitis A in the Eastern United States this past year, local public health authorities are strongly recommending that all adults and children over two years of age receive the Hepatitis A immunization. Food handlers have an even greater need to be vaccinated. The Utah County Health Department will offer this shot free (a \$29 value) to all who attend one of four immunization clinics on **April 6, 2004.**

The closest immunization clinic locations include: The Utah County Health Department, 151 South

University Avenue, Provo, 8:00 a.m. to 8:00 p.m.; BYU Student Center, Northeast Corner of 900 East and University Parkway, Provo, 12:30 p.m. to 5:30 p.m.; American Fork Jr. High Cafeteria, 1120 North 20 West, American Fork, 3:00 p.m. to 8:00 p.m.

Anyone under 18 years of age must be accompanied by a legal guardian to receive immunization. For more information go to the Utah County Health Department's Internet site at [www.utahcountyonline.org](http://www.utahcountyonline.org).

## Cultural Arts Update

By Laury Smith, Chairman

We are looking for additional board members, instructors, teacher assistants, ideas, and more. If you are interested in getting involved please call 735-6519.

**Registration is EASY!** Sign up by phone: 756-5751, at Kohlers customer service desk, or at the Highland City Building. Call 735-6519 if you have any questions.

**Community Choir:** Join the North Utah County Community Choir! Rehearsals are Thursdays, at the Alpine Tabernacle at 100 East State Street in American Fork. Everyone 14 and up is welcome! For more information call Raylene Jorgensen 756-0409, or Director Kenna Mills 763-1854.

**Group Guitar Lessons:** Thursdays, April 1-May 28 (no class on April 8), 4:00-5:00 p.m., (Beginning), and 5:15-6:15 p.m. (Intermediate), at the Highland Elementary Media Center. All students must have a guitar. Class size is limited so sign up early! This class will be taught by Bob Bonham. For more information call Bob at 763-0939.

**Cartooning (Comic book style):** Instructor Jared Salmond. Cost \$20 per four week session. Last chance to take this class until next fall. Class will be

on Thursdays, April 15-May 6, 4:30-5:30 p.m., at the Highland City Building. This class is ideal for all levels, age 8 and up (class size is limited so sign up early). Call Laury Smith if you have any questions 735-6519.

**Culinary Arts Basic Cake Decorating:** Come learn simple ways to beautify your cakes on April 22, 7:00 p.m., at the American Fork Senior Center, 545 East Main, American Fork. Cost is only \$15 and each participant will go home with their own creation and cake decorating starter kit.

**Spring Crafts:** Come and create some wonderful gifts and decorations for Easter, Mother's and Father's Day. Classes will be April 14, and May 12, 4:00 - 5:30 p.m. Cost is only \$24 (this includes a \$9 supply fee).

**NEW Improvisation Workshop:** Cost is \$30 (ages 10-18). This class will explore the fundamentals of improvisation performance, including creative thinking and character development. This is an ideal opportunity for children to build confidence, not only in performance, but also in all aspects of communication. This is a fast paced workshop that is tons of fun!! Class will start Tuesday, April 6 - May 11, from 4:00 - 5:30 p.m., at the Highland Elementary Media Center. Call John Mabey for more information 373-0001.

Something new! **Monthly cultural Heritage Fairs** sponsored by the newly designated Heritage Arts Committee. Each month a different culture will be featured through activities, events, and information for people of all ages. Each fair will run from noon to 4:00 p.m., at the Highland Glen Park, or in case of bad weather at the Highland City Building. The first fair on **Saturday, May 1**, will focus on Scotland. People of all ages are invited. If you have questions, ideas, or would like to help, please contact Lynette at 492-6773, or email us at [isleofsky61@msn.com](mailto:isleofsky61@msn.com)

The Cultural Arts Committee will have cookies for children to decorate **before and after the Annual Easter Egg Hunt April 3, 2004, at 10:00 a.m.**

## Message from Police Chief Botkin

Our children are our most precious possession. Growing up in today's society is very demanding and tough in that young people today are faced with pressures and issues my generation never imagined. All too often we deal with, and investigate, incidences of child sexual abuse. There are many aspects of this particular ill of society. This article begins a series of three articles concerning child sexual abuse.

Good communication between you and your children is the most important way to keep them safe from sexual abuse. A trusting and loving relationship creates a climate in which children are not afraid to confide in their parents. This is not only challenging, but also difficult, especially for working parents and parents of adolescents.

\* Talk to your children every day, and take time to listen and observe. Learn as many details as possible about your children's activities and feelings. Encourage them to share their concerns.

\* Explain to your children they have the right to say NO to anyone who might try to touch them.

\* Tell your children that some adults may try to hurt them or make them do things they do not feel comfortable doing. Often these adults tell children to keep what they are doing a secret (TEACH YOUR CHILDREN THAT THIS SHOULD BE A RED FLAG.).

\* Explain that some adults may even threaten children by saying their parents will be hurt if the children ever tell the secret. Emphasize that an adult who does this is wrong.

\* Tell your children that some adults they know, trust, and love (such

as a friend, a baby-sitter, a relative, or a teacher) might try to touch them inappropriately. Try not to scare your children. Emphasize that most adults never do this and are deeply concerned about protecting children from harm.

### SAFETY RULES START EARLY:

Children are taught how to cross the street, not to play with matches, and water safety at an early age. Precautions about sexual abuse can and should be included in these general discussions and training.

\* Information can be introduced as early as age two. Even young children can understand concepts related to abuse.

\* Children provided with accurate information at an early age can learn to avoid or stop sexual advances. An unprepared child may be too confused or ashamed even to admit an assault has taken place.

\* Teach your children what touches are good and what touches are bad. Discuss the fact that touches may be confusing at times, and they may not be sure if the touches are good or bad.

\* Teach children a basic working vocabulary for parts of the body.

\* Begin discussions slowly and clarify the child's understanding of words. Children's concepts can be very different from adults. Answer questions fully for the age level of the child.

\* Problem-solving games, story telling, and role playing are ways to talk to children.

\* At a minimum, children should be taught to say 'NO', to run away and tell a trusted adult, and to keep telling until someone helps them. Discuss with them whom they can trust.