

Mayor's Message

“Today we give thanks, most of all, for the ideals of honor and faith we inherit from our forefathers—for the decency of purpose, steadfastness of resolve and strength of will, for the courage and the humility, which they possessed and which we must seek to emulate. As we express our gratitude, we must never forget that the highest appreciation is not to utter words but to live by them.”—President John F. Kennedy, Thanksgiving Day Proclamation, Nov 1963.

What a wonderful tribute to our heritage and obligation to live up to it. Did you know that a study by doctors Marshall Duke and Robin Fivush, which they began during the summer 2001, showed that the more children know about their family's history, the stronger their sense of control over their lives, the higher their self-esteem and the more successfully they believe their families functions.

The doctors developed a measure called the “Do You Know?” scale that asked children to answer 20 questions about their family such as:

- Do you know where your grandparents grew up?
- Do you know where your parents met?
- Do you know of an illness that occurred in your family?

The scale turned out to be the best single predictor of children's emotional health and happiness. Two months after they finished, September 11, 2001 happened. None of the study families were directly impacted by 9/11, but they were subject to national trauma. Again, the children who knew more about their families were more resilient or better able to moderate stress.

President Kennedy was spot on, in pointing out that we should be grateful for the ideals of honor and faith we inherit from our forefathers and that the best way to honor them is to live by them.

This Thanksgiving let's take time to share family stories that illustrate decency, steadfastness, strength, courage, and humility with our children and grandchildren. They will be better able to thrive in a world where fear and uncertainty abound. Our families will be stronger and our community improved as a result. Have a wonderful Thanksgiving. Thanks for all you do to make our community a wonderful place!

Emotional Resilience and Self Reliance Seminar

Emotional and mental health is more important than ever. With rapidly increasing anxiety, depression, self-harm, and other challenges, 21st-century kids are experiencing a crisis. Parents can teach their children the emotional and relationship skills they need to thrive in families, with peers, and later as adults.

Join us for The Emotional Resilience and Self-Reliance Seminar on Thursday, November 11 at 7:00 PM at City Hall. The seminar will teach parents how emotional health is a vital part of social confidence, strong character, achievement, and resilience. Learn how to arm your children with the skills for self-reliance so they develop social confidence, overcome 21st-century challenges, and become successful adults.

Dr. Lynn Scoresby will be leading the seminar. Dr. Scoresby has been a practicing family psychologist for more than 30 years. He is a BYU professor emeritus, author, father, and grandfather.



HIGHLAND CITY

CALENDAR

November 2: Election Day

November 9: City Council Meeting*, 7:00PM, City Hall

November 10: Meet the Mayor, 7:00 PM, facebook.com/RodforUtah

November 11: Emotional Resilience Seminar for Parents, 7:00 PM, City Hall

November 16: Planning Commission*, 7:00PM, City Hall

November 19: Thanksgiving Coloring Contest entries due

November 20: Tree Lighting Ceremony, 6:00 PM, Heritage Park

November 25: Thanksgiving Day, City Offices closed.

December 4: Christmas Craft Pick-up, 10:00 AM, City Hall

December 6: Cemetery Cleanup

December 6: Storytime with the Mayor, 6:30 & 7:15 PM, City Hall

*Agendas, Minutes, and Audio at <http://bit.ly/HC-agendas>

PHONE NUMBERS

City Offices: 801-756-5751

Library: 801-772-4528

Justice Court: 801-772-4525

Police Department/Animal Control: 801-756-9800

Fire Department: 801-763-5365

After-Hours Public Works Emergencies: 801-420-2553

Waste Management (pick-up and can repairs): 888-496-8824

ONLINE

Report a concern, pay your bill, reserve a pavilion, etc. online at: www.highlandcity.org

Check us out on [Facebook](#) and [Twitter](#) @HighlandCity

Council Brief

In each month's newsletter, we give a brief overview of some stand-out items from Council meetings. For full agendas, minutes, & audio, visit <http://bit.ly/HC-agendas>.

October 5

City Council approved a tri-party agreement with DR Horton, Lehi City, and Highland City concerning land on the northwest corner of 11800 North and Highland Boulevard that will be developed as a part of Lehi City. Some highlights of the agreement include: Lehi paying for 50% of the costs of maintaining Highland Boulevard in front of the new development, the cost for an added traffic light at 11800 N and Highland Boulevard to be split between the three parties, the maximum density to be capped at 597 units, and minimum lot sizes of all homes adjacent to Highland City be one-half acre.

October 19

Council approved moving forward with a project to rebuild one of the City's culinary water wells in order to produce better water volume. Staff will now work with the contractor to complete the necessary work on the well.

Council and a representative from Surf Soccer discussed a potential partnership for construction and renting the multi-use fields at the future Mountain Ridge Park. Some Councilmembers along with members of the Parks Committee will continue the discussions to see if a partnership makes sense for the City and Surf soccer.

No Grease in the Drain

Around the holiday season, especially Thanksgiving time, our Public Works Department sees a large amount of grease running through our systems that has been put down the drain. Grease is dangerous for our sewer system as it sticks to other things that have been flushed and can cause a "fatberg" mass which can ultimately lead to sewer backups. Please do yourself and all your neighbors a favor and put your grease in the garbage can instead of down the drain.

Veteran's Day

We want to recognize Ms. Louw's class at Highland Elementary for placing flags at the graves of each Veteran buried at the Highland City Cemetery. Thank you for honoring our Veterans. And thank you to our Veterans for your service to our Country!

YOUTH SPORTS & RECREATION PROGRAMS

OPEN TO HIGHLAND CITY RESIDENTS WITH NO ADDITIONAL FEES

VISIT CEDARHILLS.ORG/RECREATION TO FIND OUT MORE!

2021 Municipal Elections

Election day is Tuesday, November 2. Ballots have been mailed to all registered voters. If you have not received your ballot, please call the Utah County elections office at (801) 851-8128. Ballots can be placed in any Utah County drop box, including the one located north of City Hall. Locations of other drop boxes can be found at www.utahcounty.vote. You may also use the postage-paid envelope with your ballot to mail your ballot. Ballots must be postmarked by November 1 or may be dropped into a drop box by November 2 at 8:00 PM. You can also see information about early voting and Election Day vote centers at www.utahcounty.vote.

Highland's ballot includes the Mayor's seat, two City Council seats, Proposition 1 (Wimbledon Subdivision Open Space Disposal and Removal of Neighborhood Option Trail), and Proposition 11 (Highland City Sales and Use Tax for Parks). More information on each of these including a Voter Information Pamphlet and videos of the Candidate Debate and Parks Tax Information meeting is available at <http://bit.ly/HC-elections>.

Preliminary results will be available after polls close on the evening of Tuesday, November 2. Results will be posted on the City's website and our social media pages and will be sent out to our text and email subscribers. To sign up for alerts, visit alerts.utahcounty.gov.

Highland's Hometown Holidays

We have fun Hometown Holiday events happening over the next couple of months. Join the fun! Details are available at highlandcity.org. Follow us on Facebook and Twitter for updates.

- Thanksgiving Coloring Contest- November 1 through 18. Print pages from our website or pick up at City Hall.
- Tree Lighting Ceremony- Heritage Park, November 20, 6 PM. Lights on through New Year's Day.
- Arts Council Christmas Craft Day- Pick up craft kits December 4 at 10 am at City Hall.
- Storytime with the Mayor- December 6, 6:30 PM & 7:15 PM at City Hall. Wear your pjs, enjoy a story, and pictures with a special guest! Sign up at bit.ly/HC-Storytime.

Street Parking in Snow

As a reminder, street parking is prohibited from December 1 to March 31 between 12:00 AM and 8:00 AM and any time snow is present to allow access for snow plows. Violations may result in parking citations or even being towed. Residents should also be mindful to keep all obstructions such as basketball hoops, trailers, trash cans, etc. off the streets during snow removal.



Kids' After School Art Club

Every Monday 4:00 to 5:15 PM at the Community Center. Registration \$10 a week or \$40 a month. Teacher is Linda Littlefield.

Register by calling 717-368-6924.

After School Art Show at City Hall starts Tuesday, November 30 and goes until the end of the year. Come see what our talented art students have been doing.

Youth Theater Work Shop Our production will be High School Musical on December 10 and 11, directed by Jordana Burns, to be held at the Community Center

Highland Children's Choir Registration and Auditions are NOW OPEN! Spots will be filled in the order they are registered. Registration can be completed online at highlandchildrenschoir.com. The music this season is outstanding!

Highland Choral Arts Choir Practices are held on Tuesdays at 7:00 PM. Watch for our annual Christmas Concert.

Bell Choir The Timpanogos Ringers will be putting on a Concert for the community on December 15 at 7:00 PM at the Highland City Community Center. Admission is free, but donations are encouraged. There will also be a concert on December 16 at the American Fork Library at 6:30 PM. For more info, contact Paige Erickson at super.paige.erick@gmail.com, or 801-830-0927

Watercolor Class Wednesdays at the Community center 10:30 AM to 12:30 PM. Teacher: Rachelle Levingston. Registration: \$15 a week. Call Rachelle to Register at 801-318-8060.

Friends of Art Group Meets every second and third Thursday at the Community Center in the downstairs classroom. Meet new art friends and just have a relaxing and enjoyable time. Bring your own project to work on, consult or share. Leading the group: Linda Littlefield. Register at 717-368-6924.

Christmas Craft Day This year our Christmas Craft Day will be Saturday, December 4 at 10 am at City Hall. We will not be doing an in-person craft time. Pick up craft kits to take home to make. Watch for details on the city website and Facebook.

Youth Council Corner

The HYCC will be collecting socks, hats and gloves for the Road Home Family Shelter for our winter service project. Donation boxes will be in the library and in local businesses shortly before Thanksgiving. To make a monetary donation, visit theroadhome.org.

Beautification Committee

The Beautification Committee is made up of volunteers who enjoy making Highland City beautiful. They are involved with the community garden, Yard of the Month recognition, Adopt-A-Patch, as well as flowers at the cemetery. We would like to thank all those who volunteered during 2021. We all look forward to 2022! Please consider volunteering in our community. If you are interested in volunteering or helping the Beautification Committee with special projects in 2022, please contact Cary at wisecaryj@gmail.com.

Highland Historical Society

Did you know the Highland Historical Society has a small museum in the Community Center that displays a collection of historical household items and small tools? This is a great activity for homeschoolers! If you would like to schedule a time to come to the museum, please call Charlie Greenland at 801-913-5200. To tour the DUP cabin, contact Donna Kitchen 385-290-0211.

Friends of the Library

Jane Austen is rumored to have once said, "If I have not an excellent library, I shall be miserable." Fortunately for us, we have an excellent community library and this month we can give thanks for not only the library, but for the ways our library serves us. Not only do we have access to hundreds of books and materials, but to fun activities as well, such as the new "Grandparents story time" held the second Monday of each month at 10:30 AM. What a special way for grandparents to connect with your grandchildren!

To support these types of activities, the Friends continue to encourage and accept book donations in our donation bin just outside the library doors. We use these books in book sales and they are a major part of our fundraising.

Our on-going used book sale has books of all genres but in November, we are focusing on books dealing with marriage and family. Come see what is available! In December we will offer a selection of Christmas books in addition to other good quality books for gift giving. Keep this in mind and visit the library soon. Get quality books at a great price, and feel good knowing you're giving back and helping keep our community library strong. What a blessing!

HIGHLAND LIBRARY HIGHLIGHTS

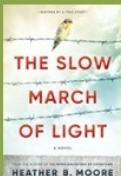
NOVEMBER 2021



WHAT'S NEW



Fuzz: When Nature Breaks the Law by Mary Roach. A witty exploration of human-wildlife conflict.



The Slow March of Light by Heather B. Moore. Captures the human drama unique to Cold War Germany.

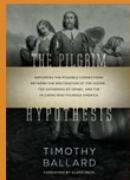


The Forever Dog by Rodney Habib. Surprising science to help your dog live healthier and longer.

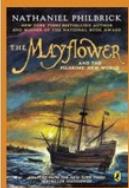
FEATURED BOOKS

Great Nonfiction about Pilgrims

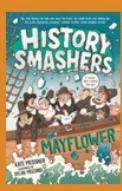
The Pilgrim Hypothesis by Timothy Ballard. An exploration of the Pilgrims in the bigger scope of religious history.



The Mayflower and the Pilgrim's New World by Nathaniel Philbrick. A dramatic account of Pilgrims and their impact on native people.



History Smashers: The Mayflower by Kate Messner. A humorous look at modern misconceptions about Pilgrims.



WELCOME

Hours

Monday-Thursday 10AM-8PM

Friday 10AM-4PM

Saturday 12PM-4PM

Closed Sunday and Nov. 25-26 for Thanksgiving

Open 24 hours www.highlandcitylibrary.org



RESOURCE OF THE MONTH

Did you know that FRIENDS OF THE LIBRARY keep the community and library connected? They support library services and programs. Do you have used books to donate? The Friends also assist with used-book sales and members get early-bird access. They have a used-book bin by the interior library doors. To join or donate books, email highlandcitylibraryfriends@gmail.com.



HIGHLAND CITY LIBRARY PROGRAMS

Learn with Libby

Have you discovered the Libby app lately? Let a librarian help you get started or discover all the NEW things Libby has added. Free with your library card. Enter our drawing for a Highland Gardens gift card, Libby mug and treats.

Picture-Book Week

Nov 8-14 we will have a picture-book-character scavenger hunt.

NaNoWriMo for 12 +

Discover this fun approach to creative writing all month.

Paint With the Director

December 4th @ 1:00 pm. Join us for a fun hour of painting a Christmas scene. Donna (library director) is our own "Bob Ross"! All supplies included. For Adults and Teens (12 +).

NO PROGRAMS 11/22-26

*[Sami's Songs and Stories](#)

Fridays @ 11AM-Toddlers

*[Story Time](#)

Tues, Wed, & Thurs @ 11AM-Preschoolers

*[Jr Explorers](#)

Wednesday @ 4PM age 6-8 and Parents

*[Adventurers Club](#)

Tuesdays @ 4PM age 9-11

*[Teen Writers Group](#)

Thursdays @ 4PM age 12 +

*[Grandparents Story Time](#)

Nov. 8th @ 10:30AM for Toddlers, Preschoolers and Grandparents.

Free board book!

*[Parent/Child Book Club](#)

Nov 17th @ 6:30PM. *Snow Treasure* by Marie McSwigan.

*Highland City Library card required

www.highlandcitylibrary.org

