



HIGHLAND CITY

Mayor's Message

At a recent meeting I learned that last year at this time 11% of US residents were experiencing symptoms of anxiety or depression. Today that number is 41% – a nearly 4-fold increase. While this is somewhat understandable, I find it very sad.

If you watch the nightly news there is much to be concerned about in our nation: riots, COVID-19, wildfires, etc. While Utah is faring better than most states the, most recent US Census Bureau Pulse Survey results (July 16-21) are is something that gives me pause (<https://www.census.gov/data-tools/demo/hhp/#/>):

QUESTION	US	Utah
Experienced loss of employment income since Mar. 13	51%	41%
Expecting loss of employment income over the next 4 weeks	35%	26%
Sometimes or often not enough food to eat in the last 7 days	36%	23%
Housing insecurity	27%	14%

We also hear from residents about issues in Highland: low water pressure, brown grass, increasing traffic, and too many roads are being fixed.

On the good news side, Utah recently posted the lowest unemployment rate in the nation (4.5%) and Highland's 2020 May sales tax receipts were up 16% from last year. Additionally, shortly most of our major roads will be in great shape, the Canal Blvd extension from Alpine Hwy to North County Blvd will be completed, all snow covered yards will be equal, and working from home will be more common. In Highland we will continue to care for our neighbors and enjoy our beautiful surroundings.

Is there something we can do today to make things better? Absolutely! A recent BYU Magazine article entitled "Behind the headlines of COVID-19 is another far-reaching health crisis" pointed out, *"In two studies, psychology professors Julianne Holt-Lunstad (BS '94, MS '98) and Timothy B. Smith (BS '91) have found that our relationships impact our physical health so profoundly that chronic loneliness and isolation can be as dangerous as a pack-a-day smoking habit. Loneliness can shorten your lifespan by about five years. ... According to a 2020 survey by insurance provider Cigna, 61 percent of American adults say they always or sometimes feel lonely."* What all of us can do is talk to a neighbor, call a friend, or go out of our way to make a new friend. Odds are they are lonely and your interaction will be a blessing.

Is there growth in overcoming challenges? Yes! Will we face additional challenges? Most assuredly, yes! However, we should let optimism and hope be our North Star during dark times and kindness light the way for others.

Lone Peak Police Department Accreditation

At the August 18 City Council Meeting, the Lone Peak Police Department (LPPD) was presented with an accreditation from the Utah Chiefs of Police Association. This accreditation is a very important accomplishment for the Department as they are only one of 57 departments in the state that have received it. The accreditation required LPPD to meet 180 standards including such things such as how the Department handles discipline and how use of force is reported. Independent assessors evaluated whether the Department was in compliance with those standards which exceed practices of most other police agencies. Meeting those 180 standards typically takes about 3 years and LPPD was so dedicated to the process they were able to complete it in 1 year. Moving forward, the Department will complete a compliance report each year and will recertify after 5 years. Lieutenant Jamey Brooks and Chief Brian Gwilliam were the main drivers in this process. This is a wonderful achievement for all the members of the Lone Peak Police Department.

CALENDAR

September 1: City Council Meeting*, 7:00 PM, City Hall

September 8: City Council Work Session—City's Long Term Finances*, 7:00 PM, City Hall

September 9: Meet the Mayor, 7:00 PM

September 15: City Council Meeting*, 7:00 PM, City Hall

September 17: Senior Citizen Dinner, 5:00 PM, City Hall

September 22: Planning Commission Meeting*, 7:00 PM, City Hall

September 25: Youth Council Leadership Committee Applications Open Online

*Agendas, Minutes, and Audio at <http://bit.ly/HC-agendas>

HOLIDAY CLOSURES

All City offices will be closed on Monday, September 7 in honor of Labor Day. Garbage pickup will be delayed one day that week.

PHONE NUMBERS

City Offices: 801-756-5751

Library: 801-772-4528

Justice Court: 801-772-4525

Police Department/Animal Control: 801-756-9800

Fire Department 801-763-5365

After-Hours Public Works Emergencies: 801-420-2553

Waste Management (pick-up and can repairs): 888-496-8824

ONLINE

Report a concern, pay your bill, reserve a pavilion, etc. on-line at: www.highlandcity.org

Check us out on Facebook and Twitter @HighlandCity

Council Brief

In each month's newsletter we give a brief overview of some stand-out items from Council meetings. For full agendas, minutes, & audio, visit <http://bit.ly/HC-agendas>.

August 4

City Council approved a Planned Area Development for a mixed-use development, Apple Creek. Apple Creek will have a maximum 42 residential units and 23,000 square feet of commercial space. The development will be on 5.8 acres south of ACE hardware and Alpine Credit Union.

August 18

City Council approved a preliminary plat for a 4-lot subdivision at 4562 W 11000 N. The developer will work with staff through the design and engineering process before beginning construction.

City Council approved a resolution to apply for a \$2 million grant to help with the cost of metering the City's Pressurized Irrigation (PI) system. If the City receives the grant, the City will be responsible for the remaining ~\$3 million cost and the project would take around 3 years to complete. The City hopes that metering the PI system will encourage individuals to use the appropriate amount of water. In addition, the State is strongly encouraging cities to move in this direction and is likely to mandate it in the future.

Due to safety concerns, City Council updated City Code to prohibit cars that are for sale to be parked on the side of public roads. Lone Peak Police began enforcing this law on Friday, August 21. If you have a vehicle that is for sale, please keep it parked on your private property.

Email and Text Alerts

Want to know what's on the City Council agenda? Want to hear what's going on in the Library? Want to know what's happening around the City? Want to find out about City events? Sign up at [Alerts.UtahCounty.gov](https://alerts.utahcounty.gov). You can choose to get notified how you want for just the things you care about.

2020 Census

If you haven't completed the 2020 Census, don't wait, time is running out! Respond online now at 2020census.gov. Responding to the Census not only makes sure that you and your family count. It also helps our community count.

Watering Restrictions & Tips

Please remember to follow the watering restrictions:

- Even Numbered Street Address: Monday, Wednesday, and Friday
- Odd Numbered Street Address: Tuesday, Thursday, and Saturday
- No Sunday Residential Watering, allowing the storage facilities to fill.
- Watering hours from 6:00 PM on the assigned day to 10:00 AM the following day.

Violation of restrictions will result in penalties including written warnings, fines, and service locks. These restrictions are important to help our system operate properly as well as save water for future years when we don't receive a large snowpack.

Smart Watering

As we hope to see cooler weather ahead, the number of days needed to water each week will decrease. A smart controller should be able to help you adjust for this change in weather. If you don't have one, check out <https://utahwatersavers.com/> for a rebate on purchasing one.

Another helpful resource is for determining how many times to water in a week is Utah Division of Water Resources' Lawn Watering guide. Each week they post on Facebook at [Conserve Utah Water](https://www.facebook.com/ConserveUtahWater) or on their website at ConserveWater.utah.gov/guide.html.

Sediment Buildup in Filters

Remember to clean out your filter frequently. This time of year the City is pulling water from a source that is very mossy and sediment ridden. Cleaning your filters often will give you more pressure in your system.

Senior Appreciation Dinner

Highland residents 60 and over are invited to join us on Thursday, September 17 at 6:00 PM for a fun dinner and concert outside City Hall. Enter either parking lot between City Hall and the police station. Dinner will be drive-in diner style, brought right to your car. Roll down the windows and enjoy live music with The Flashback Brothers playing favorites from the 50's, 60's and 70's. Dinner is free. Grab your quarantine buddies and come enjoy an evening on the town. Please RSVP to events@highlandcity.org or call 801-772-4507.



SOCCER
KARATE
T'BALL
COACH PITCH

JR. JAZZ
FLAG FOOTBALL
SKI BUS
GOLF CAMPS

YOUTH SPORTS & RECREATION PROGRAMS

OPEN TO HIGHLAND CITY RESIDENTS WITH NO ADDITIONAL FEES

VISIT [CEDARHILLS.ORG/RECREATION](https://cedarhills.org/recreation) TO FIND OUT MORE!



We are missing you and all our Arts Council events! Due to the safety of our teachers and students, almost all programs and classes are currently on hold. We are anxious to restart them and are hopeful that we can in January 2021 with the proper guidelines for safety. Programs will be dependent on the current state of the COVID pandemic. All participants will be required to follow the guidelines outlined in the State of Utah's Plan. To register, call Shauna at (801)891-7183. Check HighlandCityArts.org for updates. All events located at Community Center, 5378 West 10400 North, unless otherwise noted.

Timpanogos Ringers fall season starting September 15 with rehearsals Tuesdays from 7:00—9:15PM. You do not need previous bell ringing experience. Handbells offer a unique opportunity to learn music and teamwork together. While each ringer has only certain assigned notes, he or she must learn to depend on, and be dependable to those who ring all the other notes. Masks will be required, and we will have gloves for you to wear and space individual ringers out. There is an \$85 fee to cover music and materials, which is due by the second rehearsal. Contact Paige Erickson at 801-830-0927 or super.paige.erick@gmail.com for questions.

Coming Back Soon:

- Carl Purcell Master Art Workshop
- Sharon Cannon One Day Workshop
- Children's Choir
- Youth Theatre Workshop
- Basic Watercolor Class for Adults
- Advanced Watercolor Class
- After School Art Club
- Friends of Art
- Highland Quilting & Fiber Arts

Beautification Committee

The Beatification Committee would like to recognize Jana and Ross Allen's yard at 6455 W 10760 N as the Yard of the Month for August. They have a beautiful yard and Jana has grown many of the flowers from seeds. Please let them know that you appreciate all of the work that they put into making their yard beautiful. The Yard of the month winners receive a \$25 IFA gift card, courtesy of IFA in American Fork, and 2 bags of Oakdell Egg Farm Compost. We very much appreciate all of the nominations we receive. We will continue to consider all past nominations for future months. Please send your nominations to wisecaryj@gmail.com.

Youth Council Corner

Applications for the 2021 Highland Youth City Council will be opening soon! This is a fun opportunity to get involved with the City, provide service, participate in events, gain leadership skills, and learn about how government works. Applications to serve on the Leadership Committee will be available online on September 25 and are due October 15. General Council applications will be open October 20 through November 15. See http://bit.ly/HC-Youth_Council for details and application forms.

Highland Historical Society

Interested in history? Looking to pass some time? Did you know the Historical Society has many family and area histories online at <http://bit.ly/HC-history>.

MAG Events & Programs

Support Groups for Caregivers of Seniors

Support groups help caregivers find camaraderie with those going through the same experience. The group will be held via conference call on Tuesdays at 1:30 PM or Thursdays at 11:00 AM. To join, contact Karen at cgsupport@mountainland.org or 801-229-3808. If needed, we can teach you how to use Zoom and provide technical support during the call.

Trail User Survey Do you use the Murdock Canal Trail? Give your feedback about it at TrailSurvey.org.

Golden Spoke Ride Join us to celebrate over 100 miles of safe, separated, and connected multi-use trails and bike routes linking Ogden and Provo. Participate by riding a portion of the network anytime in September to get some great swag. Information and registration at <https://move.utah.gov/golden-spoke/>.

Friends of Library

September is a great month for celebrating and we hope you'll join us at the Library for both Banned Book week, September 27-October 3, and Hispanic Heritage month September 15-October 15. Come see displays and pick up a booklist for learning more about these two celebrations. In addition, if you're planning on doing part or full-time homeschooling this school year, Highland City Library has print and electronic resources for you and your family! Check out the Research/Learn tab on the Highland City Library web page for electronic resources including a new link to "Learning Express."

We would also like to thank everyone who attended our July outdoor book sale. It was a great success with all proceeds going to promote and support library programs. Unsold books were shared with local assisted living and adult ESL facilities.



BEYOND THE BOOKSHELF

programs | events

September 2020

HIGHLAND CITY LIBRARY PROGRAMS

September 1, 2020

Baby Bookworms

Fridays @ 10:15 am for ages 0-2

Story Time

Tues, Weds, Thurs @ 11:00 am
for ages 3-5

Jr. Explorers' Club

Thurs @ 4:00 pm for ages 6-8

Tween STEM

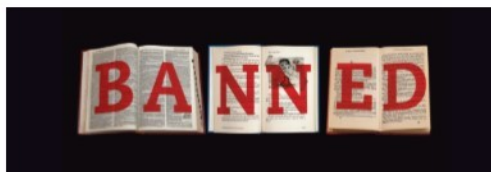
Tues @ 4:00 pm for ages 9-14

Parent/Child Book Club

Every 3rd Wednesday @ 6:30 pm
for ages 9-12



ALL programs require pre-registration through our Library website and held in the Council Chambers to enable social distancing. Highland City Library cardholders only.



**Banned Books Week
Sept 27-Oct 3**



**September is
Library Card
Sign-up Month**



**Come celebrate with us
Sept 15-Oct 15**

Curbside Pickup is available for High-Risk patrons. Call us with your order and we will arrange a pickup time.

www.highlandcitylibrary.org

CLOSED 9/7

