



Highland City's Response to COVID-19

The COVID-19 pandemic is ever evolving and Highland City is working hard to do its part to slow the spread and follow the State's *Utah Leads Together Plan*. Below are the most up-to-date safeguards the City has in place. Please visit www.HighlandCity.org for the most up-to-date information.

City Hall

City Hall is operating through drop boxes in the lobby of the building. We encourage residents to conduct their business with the City via phone at 801-756-5751 or online at www.HighlandCity.org. We have made adjustments in order to provide all services to residents while maintaining social distancing to limit exposure. These adjustments include taking credit card payments over the phone, making funeral arrangements, and submitting building permits. We encourage all to take advantage of these instead of coming in person to City Hall.

Public Meetings

Public meetings which are essential for City business such as City Council and Planning Commission will continue, however they will be held virtually. See details at www.HighlandCity.org. All who want to participate can do so electronically or they can email their comments ahead of time to council@highlandcity.org or planningcommission@highlandcity.org.

Library

The Library is closed to patrons and all programs are cancelled. The Library is asking patrons to NOT return library materials until the Library opens again for regular service to prevent germs being transmitted on Library materials. The Library will create virtual programs available through their Facebook page and website. In addition, patrons are encouraged to utilize the Library's vast e-book and e-audiobook resources on the Overdrive and RBDigital apps. The Library will be purchasing extra access to Overdrive materials to reduce Highland card holder's wait times. More information on the Library's plan is available on their [COVID-19 information page](#).

Lone Peak Fire & Police Stations

Lone Peak's first priority is to provide emergency assistance to the community. To ensure our law enforcement officers and fire-fighter paramedics stay healthy and safe, the stations are currently closed to the public. For non-emergency situations, please call dispatch at 801-794-3970. For emergencies, continue to call 911.

Highland Alpine Justice Court

The Court is open by appointment only. To make an appointment, contact Terry Biggs at 801-772-4525 or terry@highlandcity.org.

Events & Arts Council

All events scheduled through May 11 are cancelled. That includes the: Easter Egg Hunt, Hooked on Fishing Class, Arbor Day Tree Sale and Planting, Spring Clean-up, and the Community Open House. The City is exploring other alternatives including postponing some of these events to a later time and doing a virtual version of the event.

All Arts Council events, workshops, performances, etc. have been cancelled until further notice. Keep up-to-date with the Arts Council on www.HighlandCityArts.org.

The Events Team has created a Facebook group, "[A beautiful day in Highland](#)" to help connect with the community and help provide meaningful activities for residents. More on this on page 4. **Continued on page 2**

CALENDAR

April 8: Meet the Mayor, 7:00PM, Live at Rod Mann: [Highland City Mayor Facebook Page](#)

April 14: Budget Work Session*, 7:00PM, City Hall

April 21: City Council Meeting*, 7:00PM, City Hall

April 28: Planning Commission*, 7:00PM, City Hall

*Agendas, Minutes, and Audio at <http://bit.ly/HC-agendas>.

Meetings will be held virtually. See www.HighlandCity.org for details on how to participate live. Comments can also be emailed ahead of time to council@highlandcity.org or planningcommission@highlandcity.org.

PHONE NUMBERS

City Offices: 801-756-5751

Library: 801-772-4528

Justice Court: 801-772-4525

Police Department/Animal Control: 801-756-9800

Fire Department: 801-763-5365

After-Hours Public Works Emergencies: 801-420-2553

Republic Services (pick-up and can repairs): 801-785-5935

ONLINE

During the COVID-19 pandemic, the City accommodations have been made so that all City business may be conducted either over the phone or online. www.highlandcity.org



Check us out
on Facebook
and
Twitter
@HighlandCity



City's Response to COVID-19

Continued from page 1

Parks, Trails, and Playgrounds

All playground type equipment is closed to the public through May 11. The public is still welcome to use the City trails and the open areas of City parks so long as they are able to maintain proper social distancing.

Community Center, Fields, and Pavilions

All building, field, and pavilion reservations through May 11 have been canceled. Private groups who have rented a City facility will receive a refund.

General Information

We encourage all residents to follow the State's recommendations and the standby precautions regarding spreading illnesses:

- Do not attend gatherings of more than 10 people.
- If you are older than the age of 60 or are immunocompromised, limit your exposure to all other people.
- Stay home if you are sick.
- Frequently clean your hands with soap and water or alcohol-based sanitizer.
- Avoid close contact with anyone experiencing cold or flu-like systems.
- Cover your mouth and nose when coughing.

If you develop a cough, fever, or difficulty breathing, call your healthcare provider.

For more information on COVID-19 and the State of Utah's plan please utilize the following resources:

- Utah Specific Information – coronavirus.utah.gov/ or 801-456-7707
- Center for Disease Control – www.cdc.gov/coronavirus/2019-ncov/index.html

Pressurized Irrigation Water

Pressurized irrigation water will be ready for use by April 15. Please make sure your stop and waste valves are shut off while the system is being loaded. If valves are not shut off, flooding may occur.

Please remember the following watering restrictions:

- Water between 6:00 PM and 10:00 AM
- Even addresses – water Monday, Wednesday, & Friday. Odd addresses – water Tuesday, Thursday, & Saturday
- Station watering time limited to 30 minutes
- No excessive water runoff

These restrictions are important to help our system operate properly as well as save water for future years when we don't receive a large snowpack.

Council Brief

In each month's newsletter we give a brief overview of some stand-out items from Council meetings. For full agendas, minutes, & audio, visit <http://bit.ly/HC-agendas>.

March 10

The City Council approved a zoning request for an 8-person residential care facility for elderly persons at 5159 W 11100 N. The applicant still needs to get final approval from the State Health Department before she can open the facility.

The Council approved a bid for the construction of Spring Creek Park located at approximately 9900 N Mountain View Drive. The park will have a grass play area, pavilion, playground, and walking trail. Staff is working to get the park constructed as soon as possible so that it is ready to use this season.

The Council continued discussing the possibility of partnering with UTOPIA to bring fiber to all Highland homes. Ultimately, it was decided that the amount of homes that would need to subscribe to the fiber to prevent the City from having to pay part of the expenses was too high and thus they decided not to proceed.

March 12

The City Council and staff met together to discuss the COVID-19 situation and the actions the City would be taking. See more on this on page 1.

March 17

City Council held a public hearing regarding refinancing some of the city's bonds. No comments were made. The City was able to refinance with a 1.08% interest rate that will save the City about \$182,000 over the next 7 years.

Referendum Update

On December 3, 2019, City Council approved the Open Space Disposal and Removal of Neighborhood Trails in the Wimbledon Subdivision. On December 10, 2019, citizens of Highland City filed a referendum application challenging that law and ordered that it be referred to the voters for their approval at a future municipal election. In order for the law to be placed on the ballot, sponsors were required to collect 1,183 valid signatures. The sponsors have collected more than the required number of signatures and as such the item will be placed on the 2021 Municipal Election ballot. Prior to the election, the City will produce a Voter Information Pamphlet that will be distributed to all registered voters. More information at <https://www.hIGHLANDcity.org/>.

2020 Census

It's Census time! Make sure to take time to fill it out for your household. Not only is it required by law, the count will largely impact Highland City, the State of Utah, and our Nation. <https://2020census.gov/>

Mayor's Message

We are going through a challenging time, but there are always silver linings. In this case we have a chance to develop creative solutions. Jeff Dyer, a Highland resident, co-authored The Innovator's DNA with Clayton Christensen and Hal Gregersen. In the book they describe different exercises that can be used to develop creative solutions. One such exercise is to define a problem and then put constraints on the solution. According to Marissa Mayer, former Google executive, "creativity, in fact, thrives best when constrained." Clearly constraints have been put on much of our life, giving us the opportunity to address many of life's challenges in new ways.

Various personal attributes are also being tested and measured. A valuable attribute in today's world is calmness. Here's what one of my favorite authors had to say about this characteristic: *"When man has developed the spirit of Calmness until it becomes so absolutely part of him that his very presence radiates it, he has made great progress in life. Calmness cannot be acquired of itself and by itself; it must come as the culmination of a series of virtues. What the world needs and what individuals need is a higher standard of living, a great realizing sense of the privilege and dignity of life, a higher and nobler conception of individuality."*—William George Jordan, *The Majesty of Calmness*, 1900 (bit.ly/mojch1).

Today, we have the time to develop and improve existing virtues, which in the end will help us have calmness. I do not know how long the COVID-19 issue will be with us, but I do know that the sun will rise each morning and we will find ways to help each other get through this.

PS: Spring has arrived and some of us may be looking to improve the areas around our homes. If you are looking to expand your landscaping, it is always a good idea to use Utah County's online parcel map (bit.ly/ucparcelmap) to validate your property lines. This tool will help you avoid encroaching on other people's property (including public property).

Highland Historical Society

Interested in history? Looking to pass some time? Did you know the Historical Society has many family and area histories online at <http://bit.ly/HC-history>.

Beautification Committee

The Beatification Committee is asking for Highland City residents to nominate a fabulous yard for the Yard of the Month award. It is a great way to reward everyone's hard work and dedication to gardening. Please send nominations to wisecaryj@gmail.com.

PROJECT AWARE.

Mental Health During Social Distancing

Staying home from school, away from friends, and normal activities can feel really hard.



Being social helps us manage stress and stay mentally healthy. When we are distanced from friends it can lead to feelings of worry, depression, & loneliness.

Here are some tips that can help:



1. Keep a regular routine for sleeping, eating, exercise, hygiene, study, and play.



2. Find ways to be productive with cleaning, classwork, and goals.



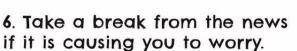
3. Use social media, texting, or video chat for fun & connections.



4. Find uplifting music, shows, and books to keep you occupied; spend time outside or with a pet.



5. Keep a daily journal to track what you are grateful for.



6. Take a break from the news if it is causing you to worry.



7. Stretch, exercise, and take deep breaths to feel calmer.



8. Talk about how you are feeling with family, friends or check in with a counselor using telehealth.



9. Use the SafeUT app and chat with a crisis counselor.

10. Remember that this situation is temporary, and that we are all in this together. Offer kindness to others.

Utah State Board of Education

Youth Council Corner

Hello from the Highland Youth City Council! Our hearts are with our fellow students during this time away from school. We know there are disappointments and added stressors that come with so much uncertainty in our world. Remember you are not alone! If you need to talk to someone, the SafeUT app and resources are easy and free. Parents can even call the hotline to talk to Licensed Clinical Social Workers on staff for help. Get the app or visit SafeUT.org. Looking forward to better days to come!

It's a Toilet, Not a Trashcan

Please DO NOT use the sewer as a trash can. Never flush the following items or put them down the garbage disposal or drain. Toss them in the trash.

- Pill bottles & medications
- Grease & cooking oils
- Hair or extensions
- Disposable toilet brushes
- Gloves or condoms
- Rags or Band-Aids
- Feminine products
- Egg shells
- Matches
- Dental Floss
- Cotton balls
- "Flushable" wipes
- Kitty litter
- Paper towels

Only human waste and toilet paper should be flushed down the toilet.

New Facebook Group

Like so much of our world right now, civic events in Highland are on hold until we can safely meet in person again. To pass the time, stay connected, and participate from home, we invite you to join the Facebook group "It's a beautiful day in Highland!" You will find posts about learning, doing, and seeing something new each day. We welcome comments and content ideas! There will also be contests and giveaways, so join the fun! We live in an area with so much natural beauty and are on this journey through life with beautiful souls around us. Join us and find the joy!

www.facebook.com/groups/beautifuldayinHighland/

Friends of the Library

The Highland City library has recently added some wonderful online reference resources that patrons can now access with their library card. These include: auto repair manuals, business source premier, creative bug, Explora online encyclopedia, hobbies and crafts reference center, home improvement reference center, and legal information reference center. To explore these resources and more, click on the research/learn tab on the Highland City [library website](#).



The **LIBRARY** is **CLOSED** indefinitely

Book drop is CLOSED. All Library materials will not be due until the Library opens again. No overdue fees will accrue.

In accordance with the Governor's request to stay home, we will SUSPEND CURBSIDE PICKUP of holds until further notice.

We are committed to serving our community. We will resume service as soon as we are permitted. Watch highlandcitylibrary.org. for developments.



NEW Changes to Highland City Library Programs

Go to our website

www.highlandcitylibrary.org

for ALL our programs!

Click on the program you want and enjoy! Several new classes will be added each week.



Story Time and Baby Bookworms will be on our YouTube channel! Look up Highland City Library



FOLLOW US ON



We encourage all Highland residents to continue to support our local businesses within the guidelines set by our Health Officials during this quarantine period. The below information was up-to-date as of March 31. For the most up-to-date information, please visit www.HighlandCity.org. This information was submitted by the businesses and is not a comprehensive list of all commercial businesses in Highland.

Restaurant	Phone Number	Curbside Pick-up	Drive Thru	Online Ordering	Delivery	Contactless Delivery	Discount	Hours
Arctic Circle	801-756-5392	YES	YES	No	Grubhub	YES	Coupons Online	10am-10pm Monday-Thursday & Saturday 10am -11pm Friday
Blue Lemmon	801-756-7993	YES	NO	bluelemon.com & APP	Door Dash	YES	Kids Meal \$2	11am-2pm and 4pm-8pm Monday-Saturday
China Wok	801-492-8006	YES	NO	chinawokhighland.com	Door Dash	YES	NO	11pm-9pm Monday-Saturday
Domino Pizza	801-763-1000	YES	NO	dominos.com & APP	YES - their own	YES	Coupon Online	10am-11pm Monday-Thursday 10am-12am Friday and Saturday
Fiiz Drinks	801-763-0483	YES	YES	APP only	NO	NO	NO	7:30am-10pm Monday-Thursday 7:30am-11pm Friday 9am-11pm Saturday
Little Caesar Pizza	801-763-4701	NO	NO	littlecaesars.com & APP	Door Dash	YES	Coupon Online	10:30am-9:30pm Monday-Saturday
Papa Murphy	801-756-4321	YES	NO	papamurphys.com	Door Dash	YES	Coupon Online	11am-8pm Monday-Thursday 11am-9pm Friday - Saturday
Pizza Pie	801-763-5530	YES	NO	pizzapiecafe.com	Door Dash	YES	Buy one large - free med dessert pizza	12pm-8pm Monday-Saturday
Roxberry	801-756-1051	YES	NO	roxberryjuice.com & APP	Door Dash	YES	10% off for mentioning facebook post	7am-9pm Monday- Friday 8am-10pm Saturday
Subway	801-772-0747	YES	NO	subway.com & APP	Door Dash, Grub Hub	YES	Coupon Online	11am-8pm Monday-Saturday
Taco Time	801-492-8020	YES	YES	tacotime.com/stores/6652	Door Dash, Grub Hub	YES	NO	8am-10pm Monday-Saturday
Thai Drift	385-336-3635	YES	NO	piquethaiutah.com	YES - their own	YES	Lunch \$5.99	11am-8:30pm Monday-Thursday 11am-9:30pm Friday 12pm-9:30pm Saturday
Wendy's	801-492-0303	NO	YES	wendys.com & APP	Door Dash, Posmates, Grubhub	NO	App coupons - Coupon online	6:30am-9pm Monday-Saturday

Business Name	Open to Customers	Current Hours	Current Specials	COVID-19 Response
Quick Quack Car Wash	Yes	9:00am - 7:00pm Monday - Saturday		Every other vacuum station is closed and Cashier interaction is also reduced significantly.
The Pointe Academy	No			
Rx Rehab Physical Therapy	Yes	8:30am - 12:30pm and 2:30 - 6:30pm Monday - Thursday	Call us to schedule a free 1 on 1 consultation with a physical therapist.	We are open and still trying to help people in pain get back to normal without unnecessary injections, medications, or surgery.
Burt Brothers Tire & Service	Yes	7:00am - 6:00pm Monday-Friday 7:00am - 5:00pm Saturday		Valet service with call in and curbside drop or key drop. Increased cleaning and protection measures and sanitization of your car before pick-up.
Printworks LLC,	Yes	Normal		
The UPS Store	Yes	9:00am - 7:00pm Monday - Friday 9:00am - 5:00pm Saturday	Missionary Banners 2 ft by 6 ft for \$24.99 3 X 6 Full Color Vinyl Banner for \$49.99	
Martinizing Dry Cleaning	Yes	9:00am - 5:00pm Monday - Friday 9:00am - 12:00pm Saturday	Free pick-up and delivery and 25% off all cleaning	
Altabank	Drive-thru open	8:30am - 6:00pm Monday - Friday 9:00am - 1:00pm Saturday		
Harris Orthodontics	Emergencies only			Regularly scheduled appointments will be done virtually through April 25. Continuing high-level disinfection of surfaces.
Twirl Dress Boutique	Yes	11:00am - 5:00pm		Increased cleaning regime.
Mathnasium of Highland	By appointment only			Kids with symptoms are asked to stay out of the center. Online instruction available that duplicates the in-center experience.
Highland Hideaway Storage	Yes	Office: 8:00am - 6:00 pm Monday - Saturday Gate: 7:00am - 10:00 pm Sunday - Saturday		Customers can rent units online and staff can walk them through the process over the phone.
The Painted Daisy Floral	Yes	9:00am - 5:00pm Monday - Friday 9:00am - 2:00 pm Saturday	Order a "Forget You Not" spring bouquet for at least \$25 and the delivery fee is waived for the local delivery area. Or send a \$10 bouquet for someone at a local assisted living center.	Orders over the phone and online. Orders can be picked up curbside and any deliveries to seniors can be left on the porch for them.
Mont Blanc Center for Dentistry	Emergencies only			Emergency treatment only. Added screening and cleaning procedures
Norton Performance	By appointment only			Added screening and cleaning procedures
Lone Peak Dance Studios	No		\$15 off for anyone who signs up for summer swim or dance classes.	
Allred's Ace Hardware	Yes	8:00am - 8:00pm Monday - Saturday	We have month long specials on fertilizer and spring goods.	Curbside pick-up and online ordering
Rad Swim	Online at www.radswim.com		20% off with promo code "YouAreRad"	